



HEALTHCARE TOMORROW
• SPEAKER SERIES •

Back-to-School Health Tips

Prepare for the New School Year

Stanford University Medical Center invites you to join us for a public forum that will focus on stress management and other health-related issues that come with starting or returning to school. Learn how to keep kids active and safe, sleeping well and eating healthy whether they are starting primary school or their senior year.

The forum will feature a panel of experts from Lucile Packard Children's Hospital who specialize in pediatric and adolescent health and safety.

Thursday, September 18, 2008
6:00 – 7:30 pm
Palo Alto Art Center
1313 Newell Road
Palo Alto

Light refreshments will be served.
For more information, please visit our website at:

WWW.STANFORDPACKARD.ORG

HEALTHCARE TOMORROW is a speaker series presented by the Stanford University Medical Center Renewal Project discussing topics ranging from Modern Hospitals and Sustainable Design to the Future of Healthcare.



FEATURED SPEAKERS

Julie Matel, MS
Dietician and Nutritionist,
Lucile Packard Children's Hospital

Rafael Pelayo, MD
Director of Pediatric Sleep Service,
Lucile Packard Children's Hospital

Dana Weintraub, MD
Clinical Instructor,
Division of General Pediatrics,
Lucile Packard Children's Hospital

Leah Zialcita, DPT
Physical Therapist,
Lucile Packard Children's Hospital

